



WELCOME TO THE HIGHLANDS

We are pupils from **Armed Forces Families** in **Millburn Academy Secondary School in Highland.**

We want to say **welcome to you** and tell you a bit about what its like being at a Secondary School here in the Highlands

CO-PRODUCED WITH YOUNG PEOPLE FROM MILLBURN ACADEMY, INVERNESS

Some Facts about School:

- ◆ A lot of the Teachers are amazing and chilled with **good banter, they're cool.**
- ◆ We get a **half day** every Friday and 2 weeks holiday in October - that's an extra week more than other areas in the UK!
- ◆ You can **take your mobile** to school.
- ◆ The Canteens have **really good snacks & food**
- ◆ You get loads of **dress down days**
- ◆ Year Group AssembliesThey can be BORING!
- ◆ There's lots of **Fundraising** for charities like Save the Children and Mikeysline—its good to raise awareness

FREE TIME, CLUBS and TRIPS

- ◆ Sports Clubs—**Highlife Highland** have Sports Clubs and Sports Centres all over the Highlands Armed Forces families get a **50% discount!!**
- ◆ If you are in Inverness there is the **Aqua Dome**
- ◆ Football at **Caley Thistle**
- ◆ School **Trips abroad** and also just for the day
- ◆ Schools have **After School Clubs** and **Lunchtime Clubs**—sport, music, art, games
- ◆ Winters can be cold but you can go **skiing**

There's loads to do!

School Transition Days are organised for when you arrive at School so you meet **new friends.**

You will get a **buddy** from the same Registration Class you are put in

You get a **tour of the School** and meet the Head Teacher and Guidance Teacher and some other teachers and staff.

You are with your **buddy on the first day.**

Click here for a quick tour of the Science Department at one of the bigger Schools in Inverness, Millburn Academy.

Cool School subjects:

Home Ec—great for life skills and learning to cook

Fashion & Textiles—you get to make clothes and accessories and go on trips.

Techy & Graph Comm—you get to make things and some Schools have flown drones!

You also get Guidance Meetings during the year to help you do your CV for careers and what you might want to do and they give you links to part time jobs .

A message to you from a member of Secondary School staff in Highland...



Click here to listen



Click here to read



AND FINALLY ...
I'm the Loch Ness Monster, I live in the Highlands, I'm not a myth! Random but true!

The MLG below stands for **Military Liaison Group**—they help Schools get it right for Children and Young People from Armed Forces families. Click the logo or Scan the QR



School Uniform

You have to wear a School Uniform and look smart. But in a lot of Secondary Schools (not all) you can wear hoodies then you don't have to wear a tie!

Most Secondary Schools have a **Nurture Space or Hub or a space to go** so if your worried or nervous about something or not feeling great you can go and have a chat and get some support— it gives you time to chill out and relax.

